

POSSIBILITIES

FREE PUBLICATIONS from the Family Support Institute (FSI)



FSI Newsletter – Sign up now!

- FSI's Possibilities! Newsletter is full of stories (written by families with family members with a disability), and includes other information. For a sample of the FSI Possibilities! newsletter, please go to: <u>http://ow.ly/KrAK308ovKl</u>.
- To receive YOUR issues of FSI's Possibilities! newsletter, please subscribe through Mail Chimp at: <u>http://ow.ly/dYEkT</u>.

Employment Options for Individuals and Families in BC - Download now!

• FSI, in partnership with Community Living BC, has compiled a booklet that provides information to families about the workforce for people with disabilities, to describe the type of supports available during employment, and to illustrate how to access these services. For the Employment Options booklet in .pdf format, please go to: <u>http://ow.ly/Cv4J308ovud</u>.

FSI Wellness Booklet - Download now!

 The FSI Wellness Booklet: "When Do I Have Time...? For Wellness" has information on physical, emotional, mental and spiritual wellness. For the FSI Wellness Booklet in .pdf format, please go to: <u>http://ow.ly/eOVL308ovyi</u>.

Feel free to share this information with your networks -> more

FREE PUBLICATIONS from FSI (continued)



FSI Bulletin – Sign up now!

- The FSI Bulletin is full of helpful resource materials for families with a family member with a disability. For a sample of the FSI Bulletin, please go to: <u>http://ow.ly/wWTh308owcF</u>.
- To receive YOUR issues of FSI's Bulletin, please subscribe through Mail Chimp at: <u>http://ow.ly/dYNXW</u>.



The Power of Knowing Each Other – Stories of informal safeguards told by BC Families – Download now!

- FSI, in partnership with Community Living BC, has compiled a book of stories about our family members with developmental disabilities and the informal safeguards and relationships that makes their lives richer and safer.
- For The Power of Knowing Each Other in .pdf format, please go to: <u>http://ow.ly/wgYk308owhN</u>.



myBookletBC

MyBooklet BC: A FREE online tool that families and people with disabilities can use to create a beautiful and personalized information booklet for a loved one or for themselves - <u>myBookletBC.com</u>

Feel free to share this information with your networks.