

Planning

Community Living BC (CLBC) connects people to community and connects people to services. An important starting point is helping individuals and their families plan for the future and changes throughout a person's life. This information sheet answers some common questions about how CLBC supports individuals and families to plan.



What is planning?

Planning is something that takes place throughout a person's life. It's about listening to, and learning from, a person to understand what is important to them and the differences they want to see happen in their life. This is often called person centred planning. A person can plan on their own, with their family and support network, with an independent planner, and/or with community or government organizations (including CLBC). No matter how a person chooses to plan, CLBC believes the planning process should be directed and owned by them.

How does CLBC support planning?

CLBC believes the best way to support people to live a full life in community is to plan to make it happen. Instead of one way of planning, CLBC helps people to learn about the different planning choices they have. CLBC supports people to choose how they want to plan and who they want to plan with.

How do I know what planning options are available?

Individuals and families who are eligible for CLBC services, or who may be eligible for CLBC services in the future, are invited to attend CLBC's Welcome Workshops.

This four-part workshop series tells you about the planning options available in your community, and provides information about:

- adult rights
- other resources in your community
- ways to be a part of your community, and
- the supports and services CLBC provides

For more information about CLBC's Welcome Workshops visit www.communitylivingbc.ca or contact your local CLBC office at 1-877-660-2522.

What role does a CLBC facilitator have in planning?

A CLBC facilitator is someone individuals and families who are eligible for CLBC services can meet with for one to one support with planning, to connect with their community, and/or to request services. The facilitator gets to know the individual and their family, and supports them to choose if, how, and with whom they would like to plan. If the individual and their family choose to plan with CLBC, they work with the facilitator to choose a planning tool that works best for their life situation. If a person decides to plan with someone else, they can also come back to their facilitator with questions, to brainstorm ideas, and to get connected to resources at any time.

Do I need a written plan to request CLBC services?

No, a written plan is not required to request services funded by CLBC. CLBC will ask for a Personal Summary if you choose to request services funded by CLBC.

What is a Personal Summary?

A Personal Summary is something that tells CLBC about your strengths, what is important to, and for, you in your life, what you need help with, and other information that helps CLBC understand how to best support you. You can create a Personal Summary to share with your CLBC facilitator as one way to get to know each other and start planning together. You can also create a Personal Summary together with your CLBC facilitator.

There are different ways to get help to create a Personal Summary. One way is to attend the Welcome Workshop series. Another way is to get help from your CLBC facilitator once you are eligible for CLBC. A third way is to use the online My Booklet on FindSupportBC.com. If you choose to use the booklet on the FindSupportBC website and need help, you can call the Family Support Institute at 1-800-441-5403.

Why is planning important?

CLBC believes that planning is an important part of living a full life in community. That's why CLBC helps people to plan, and provides different planning choices that promote choice, flexibility and self-determination.



Where can I get more information on planning?

Please contact your local CLBC office to find out when the next Welcome Workshops are offered and to register. The Welcome Workshops will give you important information about planning choices and help you be prepared for your first meeting with your facilitator.

CONTACTING CLBC

To find the contact information for your local CLBC office, please visit www.communitylivingbc.ca.

You can also contact CLBC toll free at 1-877-660-2522.