

INCLUSIVE CONNECTIONS: EMPOWERING FAMILIES AND INDIVIDUALS WITH DISABILITIES

YOU'RE NOT ALONE

FSI'S SUPPORTS AND SERVICES ARE FREE FOR EVERYONE

CONNECTING FAMILIES, SHARING SUPPORT

Discover FSI Resource Parents/Peers (RPs) - dedicated volunteers located throughout BC who understand the unique journey of having a family member with a disability. With their own lived experiences, these trained volunteers are here to support and connect with your family, providing valuable guidance and sharing their expertise.

OUR VISION

To strengthen, connect and build communities and resources with families of people with disabilities in B.C.

OUR MISSION

All individuals and families are supported, connected and fully valued in their communities.

EXPECTATIONS MET WITH CARE

- Receive a warm welcome - FSI is always an open door
- Find a listening ear that is supportive and understanding
- Experience non-judgmental and confidential support
- Receive ongoing guidance and encouragement

OUR VOLUNTEERS, HERE FOR YOU

- Connect by phone, email, online or in person
- Listen attentively and understand your needs
- Direct families to valuable community resources
- Attend meetings, take notes, and provide debriefing
- Share successes and celebrate with families

BECOME A RESOURCE PARENT/PEER!

Experience the Benefits of Volunteering with FSI

- Coach and mentor others, making a positive impact
- Form meaningful and lasting relationships
- Join a provincial network of supportive families
- Receive ongoing training, support, and guidance
- Access up-to-date resources and valuable information
- Enjoy flexibility - help others on your own schedule

ELEVATING VOICES, INSPIRING CHANGE

The Family Support Institute is a rights-based organization that amplifies the voices of families and individuals with lived experience of disability.

We collect vital information, advise government and decision makers, and champion important issues that matter to families. Our three key priorities are:

- **Driving policy change for a better future**
- **Enhancing services and support for those in need**
- **Raising community awareness and understanding**

FSI: EMPOWERING FAMILIES WE:

- Clarify your rights and those of your loved ones
- Explain current policies and available resources
- Guide you through complex systems
- Support you in voicing your concerns
- Collaborate with communities for joint problem-solving
- Foster relationships with government, organizations, and service providers

FSI COMMITMENT STATEMENTS

Anti-Racism - FSI stands against racism, prejudice, discrimination and injustice for all people with disabilities.

Truth & Reconciliation - FSI stands for Truth & Reconciliation and commits to supporting First Nations, Inuit and Métis children, youth, adults and families across the province.



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FamilySupportInstitute

As a provincial organization FSI acknowledges that our work spans across all of the traditional, ancestral, and unceded Indigenous territories in BC. Therefore, we respectfully honour all First Nations, Inuit and Métis people, as well as their ancestors, who have lived here and cared for these lands. It is with gratitude that we can live, learn and do our work in the province now known as British Columbia.

