

ANNUAL REPORT 2022-2023



A MESSAGE FROM THE PRESIDENT



As we reflect on the past year at FSI, I am reminded of the resilience and strength that define our communities across the province. It has been another busy year, filled with both challenges and accomplishments. More than ever, the needs of families are at the forefront of our mission, guiding our efforts to support those who rely on us.

FSI has embarked on several new initiatives over the past year in addition to the ongoing work we do as a key support for families and a contributor to developmental initiatives for the sector through research and the various committees we sit on. The following are some of the highlights.

Recognizing the evolving demands of the families we serve, FSI has embarked on a strategic restructuring to enhance our responsiveness and effectiveness. We also began working on enhancing connection across the province with the introduction of a new engagement initiative and a new Engagement Coordinator. This pivotal position is designed to forge stronger connections across our network, ensuring that all our staff and RP's feel supported.

Our commitment to improving services for families has been further exemplified by our partnership with the Canadian Institute for Inclusion and Citizenship, generously funded by the Ministry of Children and Family Development (MCFD). This collaboration focuses on investigating the effectiveness of various services, particularly for families of children with complex needs and those with dual diagnoses. Our goal is clear: to contribute meaningfully to the enhancement of these services, ensuring they meet the needs of those they are designed to support.

In another exciting development for FSI, we are working towards accreditation. This milestone is not just a mark of our organization's quality and reliability; it is a promise of our ongoing commitment to excellence and continuous improvement in serving our communities.

Amidst these advancements, we remain steadfast in our dedication to cultural safety reconciliation and anti-racism. We are actively moving forward with initiatives that respect and honor the diverse cultures of the families we support. It is our belief that embracing cultural safety is not just an ethical imperative but a foundational aspect of providing compassionate and effective support for all families in BC.

As we look to the future, we do so with optimism and determination. The challenges we face are significant, but so too is our resolve to meet them head-on, guided by our mission and the needs of the families we serve.

I extend my deepest gratitude to our dedicated staff, volunteers, partners, and the families we serve. Your resilience, courage, and support are inspirational. Together, we will continue to make a difference in the lives of families across British Columbia.

A handwritten signature in black ink that reads "D. Rockall". The signature is fluid and cursive.

**Dominic Rockall,
President**



EXECUTIVE DIRECTOR REPORT



In a year of growth and deep reflection, the Family Support Institute of BC (FSI) has fortified its mission to champion the rights and well-being of families with a family member with a disability. Through our expansive provincial peer support network, diverse workshops, and unwavering commitment to equity and inclusion, FSI has not only reached but uplifted countless families across British Columbia, forging paths toward a more inclusive and supportive future.

OUR MISSION AND VISION

FSI is dedicated to creating a world where diversity is celebrated, and all individuals, especially those with disabilities, are supported to live to their full potential. Our mission is to strengthen, connect and build communities and resources with families of people with disabilities in BC. Our vision is a society where every family feels valued, supported, included, and connected. This year, we've made significant strides toward realizing this vision, driven by our strategic initiatives, compassionate and committed volunteer network, and innovative programs. We have continuously looked to our vision and mission as we derive our work plans and implement our programs to best suit the needs of the families we support.

PROVINCIAL PEER SUPPORT NETWORK

Our network of over 250 volunteer peer mentors has been a beacon of hope and support for families throughout the province. These volunteers have dedicated themselves to sharing their knowledge, offering emotional support, and guiding families to essential resources. They share wisdom, experience, and expertise as well as navigational skills, advocacy support, and systems guidance through all levels of government and multi-layered bureaucracy as well as emotional support. Our volunteers walk beside families using a non-judgmental approach to support. Their efforts have significantly reduced feelings of isolation among families, creating a vibrant community grounded in mutual respect and understanding.

OUR TEAM: THE HEART OF FAMILY SUPPORT INSTITUTE

At the core of the Family Support Institute's remarkable progress and service to families across BC is our dedicated staff and board. These individuals, with their diverse roles and expertise, are the heartbeat of our organization, ensuring that the support we promise reaches every family in need.

BOARD OF DIRECTORS:

PILLARS OF GOVERNANCE AND COMMITMENT

The Board of Directors at the Family Support Institute is a distinguished group of 12 individuals, each with a personal connection to the disability community, either through family ties or personal experience. This diverse team represents every region of British Columbia, bringing a wide range of perspectives and a deep commitment to the mission and work of FSI.

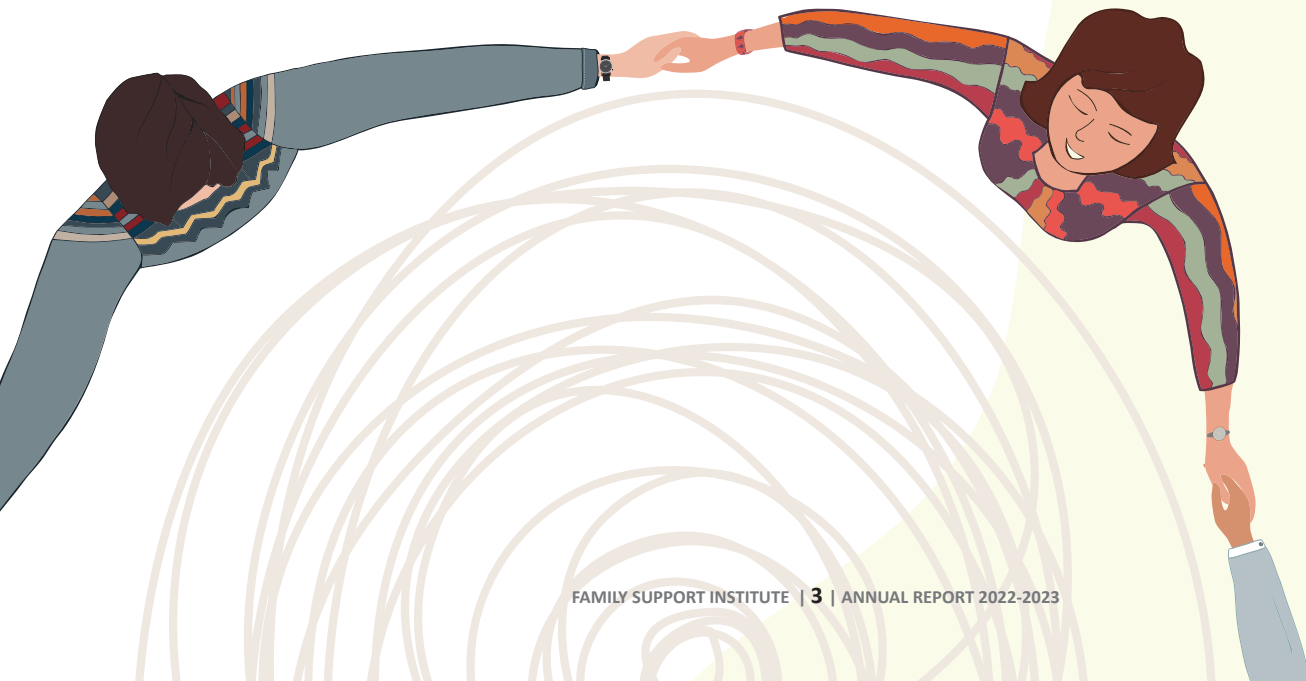
The Board convenes every two months for comprehensive 2 ½ hour meetings, with two additional in-person gatherings annually, to strategize, review progress, and set the course for future initiatives. Their involvement extends beyond these meetings, as Board members actively participate in various committees and immerse themselves in the community, furthering the reach and impact of FSI. This active engagement underscores their dedication to enhancing support for families and individuals with disabilities throughout BC, ensuring that the organization's governance is both reflective and responsive to the needs of the community it serves.

DIRECTOR OF FINANCE

Our Director of Finance, in collaboration with the Executive Director and the board, ensures the financial health and integrity of FSI. Their meticulous management of contracts, finances, and policies upholds our standard of fiscal prudence and accountability, laying a strong foundation for our continued growth and service.

TEAM LEADS AND DIRECTOR OF PROGRAMS

Our Team Leads and the Director of Programs are at the forefront of managing new roles, overseeing projects, and ensuring staff oversight. Their leadership is crucial in the development and execution of our accreditation plan, training programs, and day-to-day operations,



ensuring our team is aligned and effective. Their adept management of new roles and projects, along with their vigilant staff stewardship, have been foundational to fostering a workplace culture that thrives on collaboration, respect, and mutual support.

INDIGENOUS PRACTICE ADVISOR

The Indigenous Practice Advisor has been a beacon of progress in embedding cultural competency within FSI. Through the development of an Indigenous Advisory Circle and the delivery of staff training, they have been pivotal in guiding our journey towards truth, reconciliation, and anti-racism, with a focus on the intersection of supporting Indigenous People with disabilities.

OFFICE MANAGER

The Office Manager stands at the core of the Family Support Institute, ensuring seamless coordination and efficiency in our operations. Their role encompasses a broad spectrum of responsibilities, from overseeing communication lines and maintaining our essential database, to crafting visuals and recording crucial board discussions. Additionally, they are tasked with the procurement of marketing materials like postcards, brochures, and banners, crucial for spreading our mission. With a keen eye for detail and a mastery of organization, the Office Manager is indispensable, acting as the cohesive force that binds our team and operations together.

FAMILY SUPPORT WORKERS

Family Support Workers are the vital heartbeat of our organization, tirelessly stationed on the front lines. They not only respond to support calls with swiftness and efficiency to connect families with our extensive and compassionate volunteer network. Their profound understanding of the unique challenges faced by families ensures that every interaction is handled with the utmost sensitivity and care. These workers are not just coordinators; they are pillars of strength and empathy, offering a listening ear, heartfelt guidance, and a pathway to empowerment. Their dedication to delivering personalized support is unparalleled, and their role is fundamental in fostering the resilience and well-being of families. The genuine connections they forge with families underpin the trust and reliability that are the hallmarks of our institute’s service to the community.

RNC TEAM

The Regional Network Coordinators (RNC) plays a crucial role in raising awareness about the Family Support Institute. They are our ambassadors in the community, actively engaging with partners, volunteers, and families. This team is pivotal in connecting people to FSI, sharing our mission, and demonstrating the impactful ways we serve

families. This is a small but mighty team that has done tremendous work this past year expanding their regions, and enhancing their reach.

COMMUNICATIONS STAFF

Our communication staff is a master in turning words into magic. Their brilliance in marketing and storytelling significantly enhances FSI’s visibility and impact. Through their creative and strategic efforts, they ensure our message resonates with families, volunteers, and partners, spreading awareness and fostering engagement.

ONLINE RESOURCE COORDINATOR

In today’s digital age, having accessible online resources is vital. Our dedicated staff have been transforming our legacy websites (findsupportbc, MyBookletBC, MyCommunityBC and SupportWorkerCentral) into comprehensive tools that serve as invaluable resources for families throughout BC. Their work ensures that essential information and support are just a click away for those in need.

TOOLKIT DEVELOPER

Our Toolkit Developer is instrumental in equipping families with accessible resources, available through our website. Working in tandem with our staff, she designs concise, user-friendly toolkits aimed at fostering self-advocacy, enhancing knowledge, and navigating complex systems. These essential resources empower families to speak for themselves and access the support they need, reinforcing our commitment to informed and resilient communities.

PROVINCIAL ENGAGEMENT LEAD

The addition of a new Provincial Engagement Lead has brought fresh energy and innovation to our volunteer program. Her efforts in revamping our volunteer orientation manual, planning training weekend content, and organizing a provincial tour to meet volunteers directly have been instrumental in strengthening our volunteer network.

CULTURE AND COMMITMENT

The strength of FSI lies not just in the work we do but in the people who do it. Our team’s culture is strong, characterized by passion, dedication, and a shared commitment to our mission. Each staff member’s contribution is invaluable, and together, we create a supportive environment where every family can find hope, support, and community.

WORKSHOPS AND LEARNING EXPLORATIONS

The variety and depth of our workshops, family hangouts and learning explorations have provided families with invaluable opportunities to connect, learn, and grow together. There have been daily sessions ranging in topics such as FASD, Challenging Behaviors, Complex Health,

REGION	SUPPORT INTERACTIONS
GREATER VANCOUVER	1512
FRASER NORTH	980
FRASER SOUTH	421
FRASER VALLEY	1087
VANCOUVER ISLAND NORTH	722
VANCOUVER ISLAND SOUTH	755
THOMPSON/OKANAGAN	787
KOOTENAYS	876
GREAT NORTH WEST	654
GREAT NORTH EAST	765
OUT OF PROVINCE/UNKNOWN	N/A
TOTAL INTERACTIONS	8559

8559
SUPPORT REQUESTS
AND INTERACTIONS***

*Statistics from November 1, 2022 to October 31, 2023

***Our stats often overlap into many categories and are captured in several areas/categories so numbers may not always be completely accurate. They are also based on manual entry.

TOP 10

FSI RECORDS THE THEMES OF EACH SUPPORT CALL WE RECEIVE. BELOW ARE THE TOP 10 CALL THEMES THIS YEAR***

1. INFORMATION/RESOURCES
2. SYSTEMS NAVIGATION
3. ADVOCACY SUPPORT
4. EMOTIONAL SUPPORT
5. MENTAL HEALTH
6. CONNECT WITH OTHER FAMILIES
7. EARLY YEARS
8. NO SUPPORTS
9. RESPITE
10. HOUSING

Aging parents, Transition, Inclusive Education, Journey Through Grief, Early Years, Newly Diagnosed Autism and many more. These gatherings have been pivotal in fostering a sense of community and shared experience among participants.

STRATEGIC PLAN IMPLEMENTATION

This year marked the launch of our new strategic plan, focusing on five key areas designed to amplify our impact and reach across the province:

Increase Awareness of FSI: We're intensifying efforts to boost our visibility so that families in need can easily find and access our support when they most need it. This includes expanding our online presence and engaging in community outreach initiatives.

Strengthen Our Programs in Underserved Areas: Recognizing the unique challenges faced by families in Northern, rural, and remote communities, we're dedicating resources to enhance and tailor our programs to meet these communities' specific needs.

Enhance Organizational Capacity: To ensure FSI's sustainability and ability to effectively serve families, we're focusing on strengthening our organizational health. This encompasses enhancing our infrastructure, ensuring financial health, and investing in our volunteers and staff and their health and wellbeing.

Elevate Voices for Systemic Change: A core part of our mission is to raise the voices of families and individuals with disabilities to drive systemic change in BC. We're committed to advocating for policies and practices that recognize and address the needs and rights of our community.

Commitment to Equity, Decolonization, and Inclusion: Embedding these principles into every aspect of our organization is a priority. Through continuous learning, engagement with diverse communities, and the implementation of inclusive practices, we aim to create an environment where everyone feels welcomed and valued.

COMMITMENT TO EQUITY, DECOLONIZATION, AND INCLUSION

Our steps toward truth, reconciliation, and anti-racism have been significant. The hiring of an Indigenous Practice Advisor and the creation of an Indigenous Advisory Circle are just the beginning. Our Diversity Solution Circle further exemplifies our dedication to making inclusivity a cornerstone of our work.

ACCREDITATION AND POLICY REVIEW

As we move towards accreditation, we're rigorously evaluating our policies and practices to ensure they not only meet but exceed standards of excellence. This process is crucial for demonstrating our commitment to quality, transparency, and accountability.

ADVOCACY AND FUTURE DIRECTIONS

The issues identified for advocacy highlight the systemic barriers faced by families. Tackling these challenges requires a concerted effort, and FSI is poised to lead this charge, advocating for meaningful changes in MCFD systems, healthcare access, enhanced mental health supports for people with disabilities, and inclusive education. On top of these issues, we will continue to stand beside Indigenous peoples as an ally and speak out against racism in all its forms.

CONCLUSION

Reflecting on the past year, FSI's achievements underscore our commitment to creating a more inclusive, supportive, and equitable society for families with a member with a disability. Our strategic plan guides our efforts, focusing on outreach, program enhancement, organizational sustainability, advocacy, and the embodiment of equity and inclusion in all we do. As we look to the future, we remain dedicated to our mission, inspired by the families we serve, and grateful for the volunteers and partners who stand with us. Together, we continue to make strides towards a world where every family feels supported, empowered, and included.



Angela Clancy,
Executive Director



TRAINING WEEKEND 2023

FOR 37 YEARS OUR VOLUNTEER NETWORK HAS COME TOGETHER FROM ALL OVER THE PROVINCE FOR TRAINING, NETWORKING AND INFORMATION SHARING. THIS YEAR WE ENJOYED OUR FIRST IN-PERSON GATHERING AT MANNING PARK RESORT SINCE 2019.

8
SESSIONS THAT WERE RUN IN PERSON AT TRAINING WEEKEND

37
PEOPLE ATTENDED TRAINING WEEKEND 2023



ENDS OF A SPECTRUM IN CARE: REVIEW OF A QUALITY IMPROVEMENT PROJECT
with Dr. Anamaria Richardson
Wednesday, April 26 @ 1:00-2:30pm
FSI TRAINING EXPLORATIONS 2023
TOGETHER AGAIN
AN ONLINE CONTRIBUTION OF TRAINING WEEKEND



STRATEGIC PLAN 2023-2028

The Family Support Institute (FSI) is dedicated to empowering families and individuals with disabilities across British Columbia through comprehensive support, advocacy, and education. As we navigate through evolving challenges and opportunities, our Strategic Plan serves as a beacon, guiding our efforts to create impactful, inclusive, and sustainable programs and supports.

This overview outlines the progress and future directions under our five strategic goals over five years: increasing awareness, strengthening programs in underserved areas, enhancing organizational capacity, amplifying voices for systemic change, and embedding equity, decolonization, and inclusion in our work. Together, these components form the foundation of our commitment to serve and uplift our communities with unwavering dedication and innovative approaches.

GOAL #1 - INCREASE AWARENESS OF FSI THROUGHOUT THE PROVINCE

Progress: Successfully developed and implemented a comprehensive communications strategy to enhance FSI's visibility. Strengthened online presence through an updated website, regular newsletter mailings and weekly blasts, increased presentations about FSI across BC, and active engagement on multiple social media platforms. Enhanced digital marketing efforts, including targeted social media campaigns and search engine optimization (SEO). Distributed informational materials widely and organized community events to raise awareness.

Next Steps: Leverage the communications strategy to explore partnerships with local media and influencers in the family support community. Evaluate the effectiveness of current awareness campaigns and adjust strategies accordingly.

GOAL #2 - STRENGTHEN OUR PROGRAMS IN NORTHERN, RURAL, AND REMOTE COMMUNITIES

Progress: Initiated pilot projects to address specific needs in northern, rural, and remote areas, incorporating virtual platforms to offer support groups, workshops, and stakeholder relationships. Engaged local leaders and community organizations to tailor programs effectively. Expanded the volunteer base in these areas to provide more localized support.

Next Steps: Assess the pilot projects for effectiveness and scalability. Seek funding or grants to establish permanent services in underserved areas. Increase mobile outreach efforts.

GOAL #3 - STRENGTHEN FSI'S ORGANIZATIONAL CAPACITY

Progress: Conducted an organizational capacity assessment. Increased staff training on best practices, leadership, and the beginning of implementation for "Guarding Minds at Work" along with Psychological Health and Safety Programs to ensure a safe and secure workplace. Technology upgrades have been made to enhance operations. Developed a succession plan and initiated ongoing board governance training to strengthen leadership and governance.

Next Steps: Diversify funding sources for financial health. Implement mentorship and professional development programs. Regularly evaluate and update health and safety programs to maintain a supportive work environment.

GOAL #4 – RAISE THE VOICES OF FAMILIES AND PEOPLE WITH DISABILITIES.

Progress: Launched advocacy campaigns for policy changes and increased funding for services. Facilitated forums for direct communication with policymakers. Compiled stories from families to highlight systemic change needs. Engaged strongly with families through research and developed multiple toolkits aimed at building family resilience and capacity.

Next Steps: Continue to elevate the voices of families and the themes and issues they are faced with to include digital media and build coalitions with organizations for a stronger and more unified voice. Develop accessible resources for families to engage in advocacy and resilience-building at the local level.

GOAL #5 - EMBED AND EMBRACE EQUITY, DECOLONIZATION, AND INCLUSION

Progress: Training programs on equity, decolonization, and inclusion have been implemented. Policies and practices have been reviewed and revised and will be continued ongoing. An Indigenous Practice Advisor position has been created and hired for, and an Indigenous Advisory Circle established to guide work in a culturally sensitive manner. FSI has committed to Truth and Reconciliation and Anti-Racism, emphasizing these in all aspects of its work.

Next Steps: Continuously review programs and services for inclusivity and effectiveness. Utilize the Indigenous Advisory Circle and Practice Advisor to ensure culturally sensitive approaches. Expand efforts to reach and serve marginalized communities effectively.

These updates reflect a deepened commitment to the strategic goals set by FSI, showcasing both the progress made and the paths forward for continued development and impact.

THE YEAR IN REVIEW*

A lot happens in a year at FSI and there are many moving parts. Our staff and volunteers work hard every day to support families, find up to date and relevant information and provide top notch training to community partners and families across BC. Below is just a snapshot of what we have accomplished across many different platforms.

VIRTUAL SUPPORT

SEE OUR FACEBOOK PAGES HERE:



753

FOLLOWERS OF **CONTINUING CONVERSATIONS** PRIVATE FACEBOOK GROUP

133

FOLLOWERS OF **EARLY YEARS TRANSITIONS** PRIVATE FACEBOOK GROUP

392

FOLLOWERS OF **TRANSITIONING TO ADULTHOOD** PRIVATE FACEBOOK GROUP

278

FOLLOWERS OF **ALL ABOUT RESPITE** PRIVATE FACEBOOK GROUP

94

FOLLOWERS OF **SUPPORT WORKER CENTRAL** FACEBOOK PAGE

326

FREE **THEMED SUPPORT GROUPS** AND INFO SESSIONS WERE HOSTED BY FSI

1883

PEOPLE ATTENDED THESE SESSIONS

OUR PROJECTS



4,344

NEW **MYBOOKLET** USERS VISITED THE WEBSITE



4,553

NEW **FIND SUPPORT BC** USERS VISITED THE WEBSITE

2,896

NEW **TRANSITION TIMELINE** VIEWERS



943

NEW **MYCOMMUNITYBC** USERS VISITED THE WEBSITE



23,548

NEW **SUPPORT WORKER CENTRAL** USERS VISITED THE WEBSITE



BC Summer Institute 2023
PARTNERSHIPS FOR INCLUSIVE LEARNING

6,854

NEW **SUMMER INSTITUTE** USERS VISITED THE WEBSITE

LEARNING AND PLANNING

LEARNING EXPLORATIONS

ARE PUBLIC SESSIONS WITH RELEVANT, UP TO DATE INFORMATION THAT AFFECT FAMILIES NOW.

54

LEARNING EXPLORATION SESSIONS WERE RUN

1,383

PEOPLE ATTENDED THESE SESSIONS

EFFECTIVE COLLABORATION BETWEEN FAMILIES/CAREGIVERS AND SCHOOL STAFF

with Chelsea Jelic

TUESDAY, JANUARY 24
1:00-2:30PM



64

PEOPLE ATTENDED THE **3 PUBLIC TRAINING EXPLORATIONS** SESSIONS WHICH ARE A CONTINUATION OF TRAINING WEEKEND.

OUR WEBSITE AND SOCIAL MEDIA

4,164

TOTAL "FOLLOWERS" OF FSI FACEBOOK PAGE (THOSE WHO SEE OUR CONTENT IN THEIR NEWS FEEDS.)

535

FOLLOWERS OF **FSI INSTAGRAM** PAGE

2005

FOLLOWERS OF **FSI TWITTER** PAGE

4,287

SUBSCRIBERS ON FSI MAILING LIST

25,196

NEW USERS TO **FSI WEBSITE**



*Statistics from November 1, 2022 to October 31, 2023

DIRECTOR OF PROGRAMS



As we reflect on the past year at the Family Support Institute of British Columbia, we are filled with immense gratitude for our provincial network of Resource Parents/Peers. I would like to express our deepest gratitude for their unwavering support and dedication to the families who come to us seeking assistance. Their selfless contributions empower families to navigate through challenges, providing them with the guidance, support, and encouragement they need to thrive.

We are also grateful for our exceptional staff team. Their unwavering dedication and the profound care and kindness they bring to their work have been the cornerstone of our success. They have crafted communications across multiple platforms to reach families, volunteers and community partners with the FSI message. They have built toolkits and managed our multiple websites, helping provide an array of support to BC families. They also stayed informed on the many issues that affect our families, developed important training for volunteers and served as allies and advocates for so many.

2023 SUMMER INSTITUTE

Every two years, we look forward to facilitating strategic approaches to inclusion and belonging for all students in B.C.'s elementary and secondary schools. AT Summer Institute, administrators, teachers, parents, paraprofessionals, therapists, and other members of school-based teams come together to network, learn, and create new and innovative approaches to teaching and providing good outcomes for everyone. The 2023 Summer Institute was held online August 21 -23 with **185** participants primarily from across the province of British Columbia.

Keynotes:

- Dr. Shelley Moore Monday, August 21st From Integration to Inclusion: Co-constructing inclusive communities
- Dr. Carly Christensen Tuesday, August 22nd Inclusion Now! Anti-ableism in Education
- Dr. Leyton Schnellert Wednesday, August 23rd Student Voice: Self-determination and Self-advocacy

19

NUMBER OF **NEW** RPs
PROVINCE WIDE*

REGION	NUMBER OF RESOURCE PARENTS (RPs)
GREATER VANCOUVER	38
FRASER NORTH	31
FRASER SOUTH	34
FRASER VALLEY	12
VANCOUVER ISLAND NORTH	16
VANCOUVER ISLAND SOUTH	21
THOMPSON/OKANAGAN	28
KOOTENAYS	18
GREAT NORTH WEST	3
GREAT NORTH EAST	26
TOTAL RPs	227

*Statistics from November 1, 2022 to October 31, 2023

Strands

- Strand 1: Collaborative and Proactive Solutions, Moving From Power and Control to Collaboration and Problem-Solving – Dr. Ross Greene
- Strand 2: Functional Assessment and Positive Behavior Support: Tools to Understand Why Problem Behaviors Occur and How to Make It Better! - Dr. Brenda Fossett
- Strand 3: Transition to Inclusive Life after High School: Self-Determination Instruction, Customized Employment and BC's New Curriculum - Dr. Paul Malette, Deborah Simak
- Strand 4: Nurturing all Learners Through Inclusive Literacy Practices – Dr. Donna Kozak, Dr. Leyton Schnellert
- Strand 5: Competency & Strength Based IEPs for Inclusive Classrooms – Dr. Shelley Moore
- Strand 7: Why Children and Youth Are More Anxious, Aggressive, and Shut Down Than Ever—And What We Can Do About It – Hannah Beach, Tamara Strijack
- Strand 9: UDL: Eliminating barriers and building on strengths in your classroom - Dr. Carly Christensen

FAMILY HANG OUTS

Our team of staff and volunteer hosts conducted hundreds of online sessions this past year, offering support, information and education to individuals and families across British Columbia. This included Early Years and School Age Navigations, Aging Caregivers, Complex Health Needs, Journey Through Grief and much more. They have also conducted dozens of information sessions to organizations across BC so that more people and families will now about the support and services available at Family Support Institute.

ACCREDITATION

This year we have also diligently deepened our policies and procedures to align with the rigorous standards required for CARF accreditation. Our pursuit of this accreditation underscores our dedication to upholding the highest standards of practice in all that we do.

Amidst these advancements, we have remained true to the peer-to-peer, grassroots nature of our work. Our reach across the province continues to grow, yet our approach remains personal, empathetic, and deeply connected to the communities we serve.

Together, we are forging a path of continuous improvement and unwavering support, ensuring that every family within our embrace benefits from the highest caliber of care and assistance.

Patti Mertz
Director of Programs

TREASURERS REPORT



FINANCIAL PERFORMANCE

Our **Statement of Operations** for the fiscal year from November 1, 2022, to October 31, 2023, provides insight into the Family Support Institute of BC (FSI)'s financial performance. This year, we achieved a net surplus of \$10,384, showcasing effective financial management. This represents a slight increase from the previous year.

Total revenue for the year amounted to \$1,600,225, reflecting a modest growth of approximately 9% compared to the previous year. The standout change was in Special Projects revenue, which increased substantially to \$483,751 compared to \$298,537 in the previous year. This increase reflects our commitment to expanding our initiatives and services.

On the expenses side, we incurred a total of \$1,589,841. While salaries and benefits decreased slightly, there were notable increases in expenses related to Special Projects and MCFD program expenses.

FINANCIAL NET WORTH

As of October 31, 2023, FSI's total assets increased to \$1,044,202, driven primarily by a significant increase in cash reserves to \$977,838 compared to \$657,116 in the previous year. The majority of FSI's assets are cash and equivalents. Total liabilities also increased, mainly due to changes in MCFD deferred revenue.

ECONOMIC DEPENDENCE

FSI continues to rely heavily on provincial government funding, with 97% of our revenue sourced from BC Government sources. While we acknowledge this dependence, we remain committed to diversifying our funding streams to ensure sustainability.

CONCLUSION AND APPRECIATION

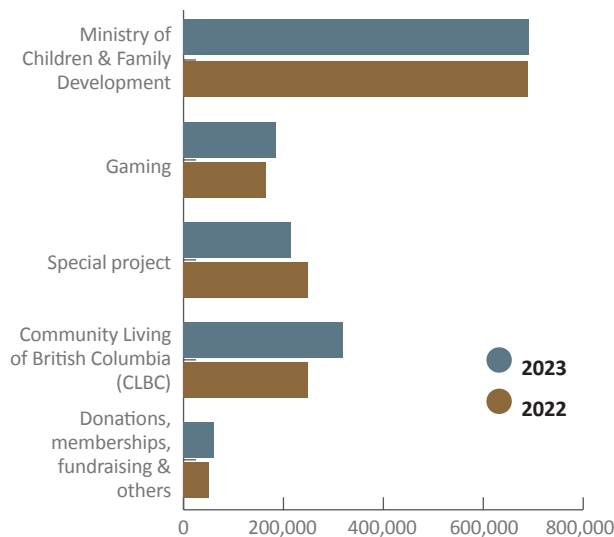
In conclusion, I extend my sincere appreciation to the entire FSI team for their dedication to managing our financial resources effectively. Despite challenges, we have maintained a positive financial trajectory and remain committed to our mission of supporting families.

For any inquiries or concerns about FSI's finances, please feel free to reach out to the Executive Director, President, or myself.

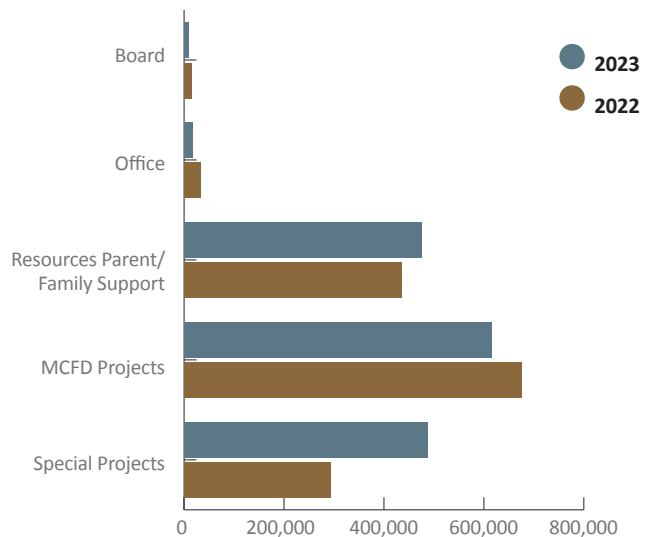
Adam Gartland,
Treasurer, FSI



REVENUE COMPARISON

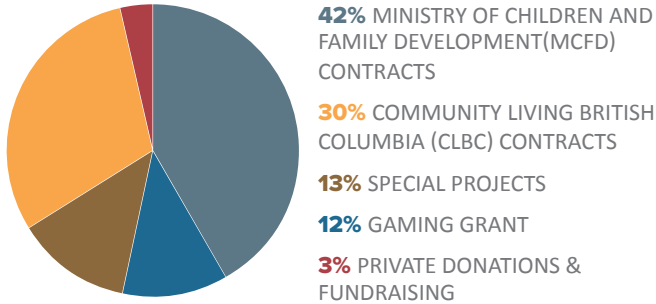


EXPENSES COMPARISON

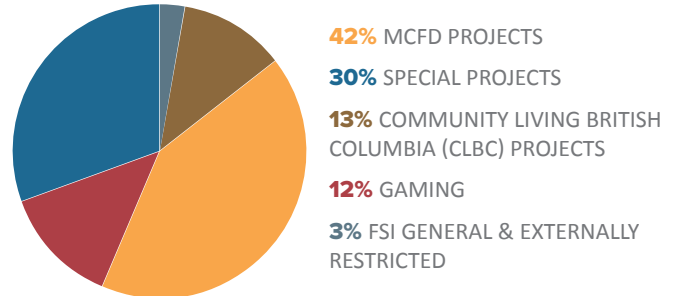


FINANCIAL HIGHLIGHTS

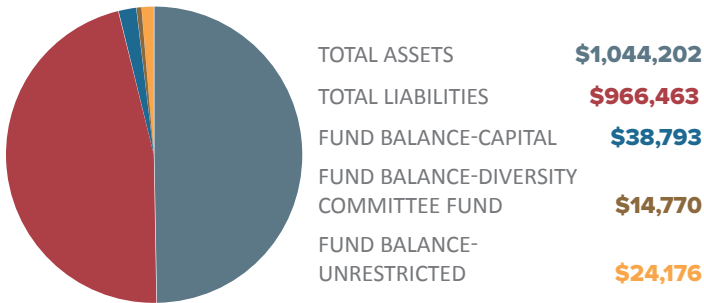
REVENUE IN 2023 BY SOURCES



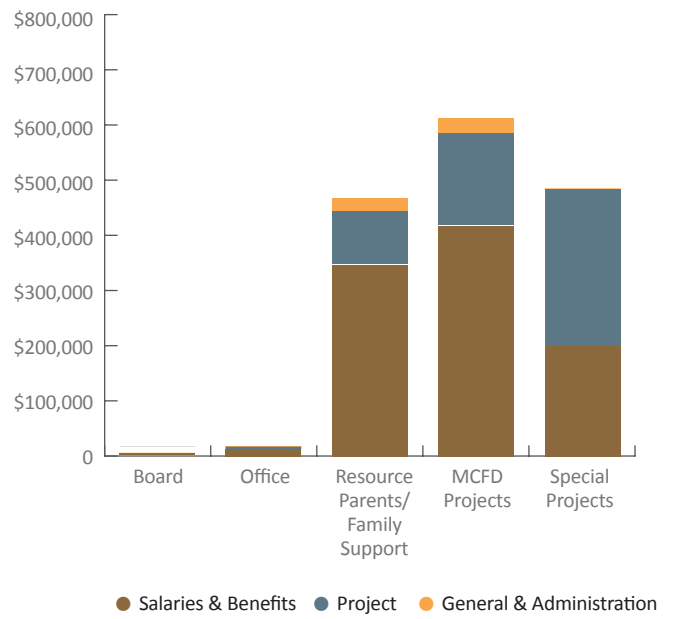
EXPENSES BY PROGRAM IN 2023



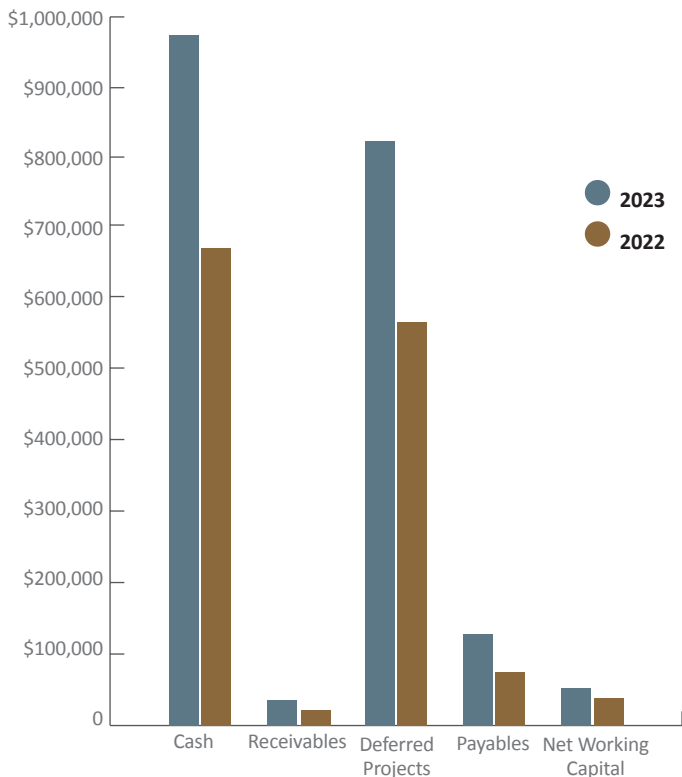
NET WORTH IN 2023



EXPENSES BY ACTIVITY IN 2023



WORKING CAPITAL COMPARISON 2023



*Statistics from November 1, 2022 to October 31, 2023

FINANCIAL HIGHLIGHTS

FAMILY SUPPORT INSTITUTE OF BC SOCIETY | STATEMENT OF OPERATIONS (UNAUDITED)

for the year ended October 31, 2023

REVENUE	2023	2022
MCFD contract	\$688,940	\$688,953
CLBC contract	207,145	252,648
Gaming income	184,744	177,175
Special Projects	483,751	298,537
Donations, fundraising and other income	55,645	51,117
TOTAL REVENUE	1,600,225	1,484,430
LESS: EXPENSES		
Salaries and benefits	981,528	1,130,999
Special project - program expenses	283,167	69,717
MCFD - program expenses	222,881	161,408
CLBCL & Regional resource parent expenses	13,951	15,480
Board, workshop & general program expenses	31,690	25,677
General & Administrative expenses	56,624	56,677
TOTAL EXPENSES	1,589,841	1,459,958
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	10,384	8,472

FAMILY SUPPORT INSTITUTE OF BC SOCIETY | STATEMENT OF FINANCIAL POSITION (UNAUDITED)

for the year ended October 31, 2023

ASSETS	2023	2022
Cash and equivalents	\$977,838	\$657,116
Accounts receivable	43,540	32,919
Prepaid expenses	4,668	4,182
Grant receivable	2,500	2,500
E & E Bjarnasson fund - long term deposit	5,217	5,167
James Harlamouvs fund - long-term deposit	10,439	10,148
TOTAL ASSETS	\$1,044,202	\$712,032
LESS: LIABILITIES		
Accounts, lease, other payables and accrued liabilities	134,280	81,964
Deferred MCFD Projects	463,776	136,019
Deferred CLBC Projects	76,392	61,928
Deferred Gaming	19,017	16,462
Deferred Special Projects	250,992	324,202
Other deferred & externally restricted	22,006	24,102
TOTAL LIABILITIES	966,463	\$644,677
FUND BALANCES		
Internally restricted capital fund	38,793	38,793
Internally restricted diversity committee fund	14,770	14,770
Unrestricted balance	24,176	13,792
TOTAL FUND BALANCES	77,739	67,355
TOTAL LIABILITIES AND FUND BALANCES	\$1,044,202	\$712,032

THANK YOU TO OUR SPONSORS AND DONORS

FSI's impact is made possible thanks to the generous support of public and private funders. We are proud to acknowledge the following individuals, organizations, foundations, and partners whose contributions to FSI who have helped us do this important work.



Please note that some sponsors and funders targeted their support towards a specific project or work.

We would like to thank the following individuals and businesses who donated to FSI

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It is important to FSI that we continue to learn the long standing history of the indigenous people in BC and understand our place within that history. FSI would like to acknowledge our Provincial office staff are uninvited settlers working on the unceded traditional territory of the Coast Salish First Nations, which lies within the shared territories of the Qayqayt First Nation, who have gathered and cared for the land here in this community well before we arrived. We raise our hands in thanks to these peoples for graciously allowing us to do our work on their homeland also known by its colonized name of New Westminster.