

Métis Resources



Métis identity is not an individualized identity, rather it is formed and expressed through Métis community. Métis are not simply a mixed ancestry people; they come from historic communities that emerged before Canada was Canada. There were distinct networks of communities from Western Ontario across the homeland and into BC. Although connected to both the Fur Trade and to First Nation's communities, Métis are recognized as being distinct and separate from their First Nation and European relatives.

Métis Nation BC has a wealth of resources and supports for its members, including Early Years, Funding, and Youth Services. They have their own separate Ministries for Programs and Services which can be accessed in addition to your own local community resources and [Métis Chartered Community](#).

Métis Well Being Program

The [Miyoopimaatishihk](#) (Wellbeing) Program (Southern/Heritage Michif, translated by Norman Fleury) is available to children from birth to eight years, who are enrolled in the [Métis Family Connections Program](#). Families can apply for financial support to assist with the cost of a wide range of services and programs including:

- respite care
- speech therapy
- assessments
- specialized equipment
- mental health supports



Learn more about the
Métis sash [here](#)



MÉTIS NATION
BRITISH COLUMBIA



DID YOU KNOW?

Métis Nation provides a \$500 summer program supplement for families who are unable to access formal childcare during July and August.

<https://www.mnbc.ca/work-programs/programs-services/metis-summer-break-supplement>

Métis Family Connections – Early Years: for Métis children from birth to eight years is focused on helping families build a network of support that provides children with opportunities for early learning and childhood development.

Programs offered include:

[Funding to pay for Childcare](#)

[Imagination Library](#)

[\\$250 Active Living Grant](#)

[Medical Travel Assistance Funds](#)

Métis Family Connections – Elementary and Secondary Years Program was developed by Métis Nation British Columbia (MNBC) for families with Métis children ages 9 to 18 years.



Other Resources to check out:

[Children and Families | MNBC](#)

[Health Services & Resources | MNBC](#)

[Youth | MNBC](#)



Watch and Learn

[The Métis](#)



FAMILY SUPPORT
Institute of BC
families supporting families