

# Assessment and Diagnosis

## What is needed for Diagnosis?

**Diagnosing FASD can be hard as there is no medical test, such as bloodwork or an MRI for this condition. This is why an assessment from a team of medical experts is needed. FASD impacts many areas of the body including brain development and motor function. Early intervention is key for accessing and supporting a program for the individual across their lifespan.**

### CREATE YOUR TEAM:



To better support your child, work with your team of specialists and Key Worker after diagnosis to determine what supports would help. FASD is a spectrum disorder and affects each child differently, so their needs will vary.



Some services may be required in supporting your child, for example speech and language to help with communication, counselling, physiotherapy for gross motor support, or occupational therapy to support executive function and fine motor support. Speak with your Key Worker for more information.





## PROVIDERS FOR ASSESSMENT AND DIAGNOSIS – BC SPECIFIC

### Vancouver Coastal Health Region:

[Complex Developmental Behavioural Conditions \(CDBC\) Team](#)

Sunny Hill Health Centre for Children - Vancouver.

### Vancouver Island Health Region:

[Beacon Community Services](#)

Victoria BC, servicing Sooke, Sidney, Salt Spring Island for Keyworkers

[Queen Alexandra Centre for Children's Health](#)

Located in Victoria, servicing Island Health region

[Nanaimo Child Development Centre \(NCDC\)](#) - Nanaimo

### Fraser Health Region:

[Fraser Developmental Clinic](#) - New Westminster

[FASD Diagnostic Assessment Clinic for Adults](#)

Vernon (youth and adult diagnoses across BC)

[The Asante Centre](#) - private practice, Maple Ridge

### Northern Health Region:

[Northern Health Assessment Network \(NHAN\)](#) – Prince George

### Interior Health Region:

[Interior Health Children's Assessment Network](#) – Kelowna



Drinking alcohol during pregnancy can harm an unborn baby.  
This can result in a condition called  
Fetal Alcohol Spectrum Disorder (FASD).



**Watch and Learn**

[FASD: I Struggle,  
but I also succeed](#)