

BC Accessible Adventure List



Where to look for
inclusive adventure
this season

Legend

- Greater Vancouver
- Fraser
- Vancouver Island
- Interior
- North



Lower Mainland Inset Map



Know of a fun and accessible adventure
near you? We'd like to share it! ♥

submit your
suggestions here :





BC Accessible Adventure List

Greater Vancouver region



Theatre Under the Stars: So much more than just a night at the theatre, Theatre Under the Stars (TUTS) interweaves a kaleidoscope of elements - setting, scenery, concessions, and quality art - into a fun, encompassing experience much greater than the sum of its parts.

Access2 card accepted- wheelchair section available (call to book ahead); consideration for vision/hearing difficulties; Canucks Autism relaxed performances offered.

tuts.ca/visitor-info/accessibility/



Reifel Bird Sanctuary: Look for and learn about birds and maybe even feed the ducks in Delta! Feeding the ducks in a long-standing popular activity for all ages, and Black-capped Chickadees will also take sunflower seeds from the hands of visitors. Registration required. Costs associated.

reifelbirdsanctuary.com/



Sea to Sky Gondola: has accessible paths and walkways. You can use the Access2 Entertainment card for free admission for the caregiver.

seatoskygondola.com/



Can't handle the heat?: Try the indoor fitness track at the Richmond Oval.

richmondoval.ca



Burnaby Village Museum: Explore the recreated old-time village with original buildings. Free admission, classic carousel ride extra.

burnabyvillagemuseum.ca/EN/index.html



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📍 Fraser Valley region



📍 **EcoFarm in Abbotsford:** Offering a unique, highly interactive learning environment, the EcoDairy experience has been developed in partnership with Science World British Columbia. Take a barn tour, meet the cows, watch a robotic milker in action and try your hand at milking our mascot cow, Vicki.

ecofarmbc.ca/experience/



📍 **Fort Langley National Historic Site:** Experience what life was like in the mid-1800s when you visit Fort Langley's historic site! Within its walls, you can find timber buildings, a blacksmith's workshop, a miniature farm, a schoolhouse, and more. Listen to Indigenous interpreters tell 100-year-old stories. The site is wheelchair accessible, and a paved pathway connects the buildings and historic grounds. Additionally, a rentable wheelchair is available for guests to use.

parks.canada.ca/lhn-nhs/bc/langley



📍 **Birdability and the BC Bird Trail:** Birdability works to ensure the birding community and the outdoors are welcoming, inclusive, safe and accessible for everybody. We focus on people with mobility challenges, blindness or low vision, chronic illness, intellectual or developmental disabilities, mental illness, and those who are neurodivergent, deaf or hard of hearing or who have other health concerns. We strive to introduce birding to people with disabilities and other health concerns.

bcbirdtrail.ca/trails/fraser-valley/ & birdability.org/



📍 **Krause Berry Farm:** Join us at this working farm- please contact us for wheelchair assistance. Visit us in the summer months for u-pick strawberries, raspberries, blueberries and blackberries. Music performances are all summer on the weekends. This farm has been featured in many films and TV shows so you never know who you will see!

krauseberryfarms.com



📍 **Old Riverside Discovery Trail:** Featuring paved areas and boardwalks, this is a 5.1-km out-and-back trail near Abbotsford, British Columbia. This trail is great for birding, mountain biking, and road biking, and it's unlikely you'll encounter many other people while exploring.

www.alltrails.com

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Okanagan/Kootenay regions



 **Pontoon Boat ride:** Hop on a pontoon boat with friends and enjoy Lake Okanagan. Various booking times are available with an online booking calendar. There is a cost associated. All ages, one wheelchair per pontoon.


tlcsociety.ca/



 **Hike, paddle or cycle with CRIS:** Adaptive Adventures are guided and supported urban day programs. The activities include hiking, cycling, and paddling programs along with snowshoeing and cross-country skiing in the winter. We provide as much or as little support as needed to the clients. Our programming is for all ages and is formatted as both one-off or multi-week progressive programs. **Adaptive rentals available


adaptiveadventures.ca/



 **Hike/Stroll or Roll the Grasslands Loop in Kamloops:** The path is well used by people of all ages with bikes, wheelchairs and strollers. (more accessible trails in BC are listed [here](#))


hikekamloops.ca/grasslands-loop/



 **BC Wildlife Park in Kamloops:** They have sensory kits and flat trail access points including a seat on a miniature train. Costs associated. Access2 card is accepted.

www.bcwildlife.org/plan/accessibility.htm



 **Adaptive Mountain Biking:** Try adaptive mountain biking on the trails barrier-free in the Kootenays! Rentals available. Costs associated.

kootenayadaptive.wordpress.com/



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Island/Gulf Islands region



Hang 21 Surf Event in Tofino with Greater Victoria Down Syndrome Society: An annual surfing event designed to empower individuals with Down syndrome. Participants take to the waves under the guidance of experienced surf instructors who provide personalized support and encouragement. Fees: Families are responsible for travel and food costs. GVDSS and other sponsors cover the equipment and accommodation.

gvdss.org/event/hang-21-surfing/



Embrace Arts: These informal arts-based events are a chance to gather in community in Beacon Hill Park. These free events are open to individuals of all ages and all abilities.

embracearts.org/



Butchart Gardens: a beautiful garden open year-round, with accessibility options, including access to wheelchairs (with a refundable fee), strollers, benches throughout the park, wheelchair-friendly paths, access to food and drink and more! Tickets can be purchased with discounts (not passes) for military personnel. If you live on the island, buying an annual pass is equivalent to 2 visits, and well worth the purchase!

butchartgardens.com/



Malahat Skywalk: open year round the skywalk is a spiraling ramp tower offering a smooth climb to the top with stunning views of the ocean and forest. The trip back down is even faster with a spiral slide all the way down! There are events running through the summer, food and beverages, and free shuttles from Downtown Victoria (would require purchasing a ticket at the Malahat).

malahatskywalk.com/explore/accessibility/



Have a Go Day: Come experience the outdoors with us! We offer a variety of activities including hiking with or without TrailRiders (one-wheeled, all terrain wheelchairs), paddlesports, nature adventures and more.

Set dates. Free. All ages. No registration required. Rain or shine!

powertobe.ca/have-a-go-days/

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📍 North/Cariboo regions



📍 **Caledonia Days Fort St James National Historic Park:**

Aug 14 - 17 \$9.00 Adults, \$7.50 Seniors, FREE under 17 The festival will include timber events, dance performances, Highland Games, industry demonstrations, music, and more. Wheelchair and stroller accessible.

parks.canada.ca/lhn-nhs/bc/stjames



📍 **Riverboat Days in Terrace:**

August 1-10, 2025! FREE! It includes concerts in the park, a parade and a drone show!

www.riverboatdays.ca/



📍 **Ferry Island Park & Campground:** Ferry Island Campground is a municipal campground composed of 103 campsites and conveniently located 3.5 km from downtown Terrace. This campground is surrounded by a 150-acre park that includes trails, a children's playground, and unique tree carvings!

Ferry Island Park Terrace walking trails are open year round: FREE

terrace.ca/parks-recreation/ferry-island-campground



📍 **Disc Golf in Dawson Creek:** Rent a disc golf kit (or other activity kit) in Dawson Creek. FREE! EveryBODY Active is a City of Dawson Creek program that encourages physical activity and well-being for residents using spaces, facilities and items in the community that are free of charge.

dawsoncreek.ca/en/parks-recreation/everybody-active.aspx



📍 **Canfor Leisure Pool in Prince George:** The Canfor Leisure Pool is a fully accessible facility providing state-of-the-art amenities and sensory friendly swim times. Features include a water elevator to help visitors in and out of the pool, a "NinjaCross" pool obstacle course, a large waterslide, leisure pool with play features, hot tub, sauna, steam room and more.

princegeorge.ca/parks-recreation/aquatics

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Fun things to do for everyone, from anywhere.



GEOCACHING!:

All ages/abilities and free! Have you ever wanted to do a treasure hunt? This free activity is all over BC (and the world!). You just need to create an account and have a GPS enabled smartphone.

www.geocaching.com/play



Here are some tips for the first-timer:

geocaching.com/blog/2017/05/ten-tips-for-newbies-looking-for-their-first-geocache/



Create an indoor planetarium or movie theater:

Build a smartphone projector using a SHOEBOX and magnifying lens here:

youtu.be/Tx4vPeL9y2g

o Make a fort with blankets, black out fabric, cushions, pillows and watch your show!

Consider string lights and a snack!

o If you prefer a planetarium, loop this through your phone

and shoebox projector :

youtube.com/watch?v=Mt3ZzXaqDU8

If you want to take this idea outside, download the free **SKYVIEW Lite app** (Android and Apple friendly) and learn about the stars and the sky with fantastic visuals!



Access2 card: The Access 2 Card program was launched in 2004 with support from a group of national disability organizations. The Access 2 Card program helps to ensure that entertainment, cultural and recreational opportunities are more available and accessible to all. The Access 2 Card program has grown to reach over 100,000 Canadians who are living with disabilities, and includes over 500 participating partner venues across the country.

access2card.ca/

myCommunity BC

Looking for more accessible locations in BC?
Explore [MyCommunity BC](http://MyCommunityBC.ca) – an online resource for locating inclusive and welcoming places in your area! >

