



BC Accessible Adventure List

Okanagan/Kootenay regions



Pontoon Boat ride: Hop on a pontoon boat with friends and enjoy Lake Okanagan. Various booking times are available with an online booking calendar. There is a cost associated. All ages, one wheelchair per pontoon.

tlcsociety.ca/



Hike, paddle or cycle with CRIS: Adaptive Adventures are guided and supported urban day programs. The activities include hiking, cycling, and paddling programs along with snowshoeing and cross-country skiing in the winter. We provide as much or as little support as needed to the clients. Our programming is for all ages and is formatted as both one-off or multi-week progressive programs. **Adaptive rentals available

adaptiveadventures.ca/



Hike/Stroll or Roll the Grasslands Loop in Kamloops: The path is well used by people of all ages with bikes, wheelchairs and strollers. (more accessible trails in BC are listed [here](#))

hikekamloops.ca/grasslands-loop/



BC Wildlife Park in Kamloops: They have sensory kits and flat trail access points including a seat on a miniature train. Costs associated. Access2 card is accepted.

www.bcwildlife.org/plan/accessibility.htm



Adaptive Mountain Biking: Try adaptive mountain biking on the trails barrier-free in the Kootenays! Rentals available. Costs associated.

kootenayadaptive.wordpress.com/



Know of a fun and accessible adventure near you? We'd like to share it! ♥

submit your suggestions here:

